



MEDICAL EDUCATIONAL AND NATURE SERVICE

ANNUAL REPORT FOR THE YEAR 2019-20

The year 2019-20 has been a year of achievements and accomplishments providing a sense of fulfillment and realization of the goals. During this year, MEANS set before it bench marks for self-assessment of performance standards over previous years and take corrective measures to qualitatively improve our services to our inmates. The results have been positive and productive. MEANS conducted several health camps and programs which are listed in this Annual report along with the photographs. “MEANS has been serving elders for the past 20 years. Starting with just 4-members, presently 150 inmates are receiving home care in 3-branches at Uppal, Moula-Ali, and Cheeryal Village Keesara Mandal. All the inmates, most of who are confined to beds are looked after with love, compassion and high sense of commitment. The Successful growth in the activities is solely due to the dedicated services of the nursing staff and Doctors also keep constant and round the clock vigil of the health condition of the inmates efficiently monitored and supervised by the founder secretary DR. Gnana Prakash, constantly. The inmates feel confident of their security and well being. In short, the indomitable will and the inspirational resolve of the staff who work as a team is responsible for accomplishing our growth.

The main objective of the Old age home is uncompromising care for bed-ridden sick to terminal stage. It also provides nutritional supplements with round the clock medical care. Besides this MEANS also conducting various Health camps, Awareness Programs and Training camps. MEANS observed all national festivals with zeal and fervor irrespective of caste, creed and religion.

Independence Day:



August 15th2019 MEANS celebrated Independence Day at our Moula-Ali Old age Home Premises. On this day, Mrs. P. Shymala Devi, Chairperson, Child Welfare Committee, K. Prameela Rani, Uppal Tashildar, staff of MEANS, Local Leaders, and other known people actively participated. The chief guest Mr. S. Kiran Kumar, General Manager, HMWS & SB, OSM, Division XIV, Uppal hoisted the flag, shared few words and finally distributed sweets to all.

VINAYAKA CHAVITI FESTIVAL (GANESH CHATURDHI)



On Monday Sep 2nd 2019 MEANS celebrated Ganesh Chaturdhi with joy along with the staff and inmates. Local donors distributed sweets for the inmates. Dr. O.G. Prakash, Savithri Garu along with MEANS staff and some of the inmates actively participated on this auspicious day. Ganesh Chaturdhi was celebrated by all staff and inmates at both Uppal and Moula-ali.

INTERNATIONAL DAY OF OLDER PERSONS



On 1st October 2019 MEANS has participated in International Day of Older Persons program held at Ravindra Bharathi, Hyderabad organized by Department of Welfare of Disabled and Senior Citizens. The guest of Honor was Smt Sailaja garu, Director, Women and child welfare and Sri Jagadeeshwar Reddy garu, Principal Secretary. Program started at 10 AM and ended at 2PM with lunch.

The Program had also served as a forum for expressing the views of the participants it was unanimously agreed that along with the increase in the number of senior citizens demographically, the number of single or nuclear families is also increasing because of global opportunities in business and profession and this is attributed to the neglect of parents by the children.

DUSSHERA FESTIVAL (BHATHUKAMMA)



On Tuesday Oct 8th 2019 Vijaya Dashami (Bhathukamma) festival MEANS celebrated it with joy along with the staff and inmates. Local donors distributed sweets for the inmates. The light of joy was seen in the poor and elderly people residing at this old age home. Bhathukamma was celebrated by all staff and inmates at both Uppal and Moula-ali

DIWALI FESTIVAL



On Wednesday Oct27th 2019 Diwali festival MEANS celebrated it with enthusiasm along with the staff and inmates. Local donors distributed sweets, crackers for the inmates. The light of joy was seen in the poor and elderly people residing at this old age home. During night, crackers in the presence of the inmates were burnt. Dr. O.G. Prakash along with MEANS staff and some of the inmates actively participated on this auspicious day. Diwali was celebrated by all staff and inmates at both Uppal and Moula-ali

Free Mega Health Camp **Free Diagnosis and free Medicines**



Held free medical camp on Wednesday 19th Feb 2020 MEANS in association with Padala Srinivas garu and team along with Sri Nidhi engineering college 50 students and more than 50 volunteers from other organization. The Free Mega Health Camp held at Padala Junior College, M.Turkapally (Vil & Md), Bhongir Dt. has been a unique success and appreciated by all local people, officials and the ailing patients who got free medical checkup and medicines.

Padala Free medical-camp has been a unique health initiative never before held in the recent past with all premier hospitals notably Apollo, KIMS, Basava Tarakam Cancer hospitals etc came with all testing equipment, free medicines and ambulance. A very large voluntary team from the college personally guided and helped the sick and the handicapped. MEANS is polarizing all philanthropists to come forward in organizing similar camps on regular basis and extended to other regions. Mementos were given to the medical team as well as volunteers.

1. Free Medicines by Kimtee Family in memory of Late Shri. Anand Kimtee on his 2nd Anniversary
2. Cancer Screening by Basavatarakam Cancer Hospital.
3. Free Dental Checkup by Clove Dental.
4. General checkup by Apollo hospital Jubilee Hills Branch
5. Free Eye checkup by Agarwal Eye Hospital & M.S.Reddy Eye Hospital Lions Club of Meerpet Hyderabad.
6. Cardiac, Gynic, eye and general check up by KIMS Hospital team
7. Cardiac, Orthopedic and general check up by Sunshine Hospital team
8. Gynic, Orthopedic and general checkup by Deccan Hospital team
9. Pediatric, Gynic and general checkup by Karuna Hospital
10. MEANS staff and voluntaries for medical camp organized.
11. Camp advisor Shri. Y. Satyanarayana IDAS.

Free Medical camp started at 9:00A.M. 3000 People attended the camp and during this camp nearly 1900 people were given free medicines. The final program concluded at 3:00P.M.

Different Medication	Treatment	Operation	Diagnose	Referral
Dental	Scaling 16-Members; New Teeth for 10-Members	9-Members referred for Dental Operation	40-Members	10-Members
Cardiology	30-Members	-----	10-Members	15-Members
Gynecology	55-Members	15-Members operation under Arogya Padma Scheme	20-Members	20-Members
Children	50-Members	-----	45-Members	25-Members
General	1000-Members for Medication	-----	150-Members	70-Members
Orthopedic	80-Members	15-Members referred for operation	25-Members	9- Members

Eye	30- Members Treatment, 250- Members Screening	25-Members referred for operation,	20-Members	15-Members
Cancer Screening	70 – Members	-----	20-Members	10-Members

Mini Health Camp



On Tuesday 11th Feb 2020 MEANS conducted a Mini Health Camp at Moula-Ali at MEANS Elders Care Homes. Doctors were: 4-General Doctors, 10-Members as Voluntary support.

Free Medical camp started at 02:00P.M. During this camp nearly 150 people attended. Free medicines were supplied to 100 people. The program ended at 5:00P.M.

Different Medication	Treatment	Operation	Diagnose	Referral
General	100-Members for Medication	-	20-Members	10-Members
Physiotherapy	20- Members for Medication	-	10-Members	-

SEMI CHRISTMAS EVENT:



On 20th of Dec 2019 MEANS celebrated Semi Christmas with special guest, Gampa Sidha Laxmi, Golluri Anjaiah, Corporator, Krishna Prasad garu, Rtd. GHMC Commissioner. MEANS started its program in the evening at 7:00PM- 09:00PM. During program pastor Nissi Church and team celebrated with worship and Christmas message given in this occupation MEANS inmates and staff and volunteers and community elders participated and ended with dinner. Bed Sheets were distributed to the inmates and outside people by Smt. Gampa Sidha Lakshmi Garu.

Republic Day:



On 2020-January 26th MEANS celebrated Republic Day at our Moula-Ali Old age Home. The outside of the premises was well decorated with National flags. On this day Dr. O.G Prakash, Mrs Savithri, staff of MEANS, Local Leaders, and other known people actively participated. The chief guest Smt Savithri Garu, Sri Krishna Prasad Garu, Rtd GHMC Commissioner, hoisted the flag, shared few words and finally distributed sweets and mixture to all people attended. Amma Bhagavan Trust sponsored Lunch for the inmates and staff of MEANS.

Women's Day:



On Friday March 8th 2020 MEANS Celebrated International Women's Day with the staff and inmates at our home premises. Dr. O.G. Prakash and Vice-President K.Savithri were present on this auspicious day. A special cake was arranged by MEANS which was cut by K. Savithri and was distributed to all inmates. **People Empowerment Society** team distributed Saluvas to all the inmates and Staff.

Corporate Social Responsibility:



On February 11th 2020, one of the corporate companies **HARSCO India Pvt. Limited** visited our old age home. Company HR- Director Smt. Vani Manukonda garu, Mrs. Jayeeta Choudhary, Executive cum HR Assistant, Mr. Ankur Bhatnagar, Finance Manager visited on that day and discussed with our Founder Secretary and Advisor about the concerns of the Old age home.

Conclusion : The activities narrated above testifies the dedication , integrity and commitment of MEANS to provide un compromising Quality services to the abandoned elderly that makes them feel quite at home and for them the nursing staff and the doctors are their kith and kin. Awareness to the growing problem of Elderly and the need to keep them comfortable in the advancing stage of their lives had not yet caught up with the society in full measure. Philanthropist , Donors and all well meaning people and institutions should come forward to promote sense of service to the elderly and MEANS is always in the forefront to meet challenges in accepting elderly in distress despite severe financial constraints.

MEANS is confident of support of the corporate and other well-meaning people to stand by and support our mission of service.

As a part of prospective planning, MEANS accords highest priority to acquiring suitable land of about 1000 sq.yds to 3000 Sq.yds in the outskirts of Hyderabad and construct hospice bringing all services under one roof closing down the existing 3 homes.

The proposed 300 bedded hospice shall cater to the adjoining Rural and semi-Urban poor nearly 1500 people may be the beneficiaries, MEANS is approaching CSR Corporate and other well meaning people, the estimated cost of the project is around Rs.5 Crores.

Tata Institute of Social Sciences (TISS) Mumbai in recognition of our services agreed to be our partners valid up to 2022. The fund crunch is a constant irritant to our policies and program The lasting solution to remedy the situation is that government and corporate should come forward to help us with recurring yearly grants.